






SE7EN



Bar & Grill

STARTERS

KASHK-E-BADEMJAN  Grilled Aubergine with caramelised onion & Mint topped with whey Yogurt Sauce	£7.00
MIRZA GHASEMI  Smoked Aubergines, Tomato, Egg & Fresh Garlic	£7.00
HOMEMADE HUMMUS 	£5.50
OLIVIEH Chicken breast, Gherkins, Egg, Potatoes & peas in a light Coating of Mayonnaise	£7.00
BUFFALO WINGS	£7.00
GUACAMOLE PRAWNS	£7.50
LAMB TONGUE	£7.50
CHIPS	£3.50
SWEET POTATO	£4.00
FRESH TAFTOON BREAD	£2.50

MAIN COURSES GRILL

All Grilled Dishes Are Served with Grilled Tomatoes & Saffron Rice




CHEF SPECIAL FOR TWO Two Skewers Of Koobideh, One Skewer of Lamb Chops, One Skewer of Joojeh Boneless and a Choice of Dip	£34.00
BAKHTIARI A skewer of Marinated Chicken & Lamb Fillet	£16.00
JOOJEH Boneless Chicken Fillet Marinated in Saffron, Lemon & Onions	£14.00
SOLTANI One Skewer of Koobideh & One Skewer of Barg	£19.00
BARG A Skewer of Marinated Tender Lamb	£16.00
KOOBIDEH Two Skewers of Grilled Tender Minced Lamb with Onion & Mild Spices	£12.00
CHENJEH Marinated, Grilled, Diced Lamb Fillet with saffron steamed rice and grilled Tomato	£16.00
LAMB CHOPS Marinated Tender Lamb Chop	£16.00
MOMTAZ A skewer of Joojeh Boneless and Koobideh	£16.00
MAKHSOOS Marinated, Grilled, Diced lamb fillet with extra Koobideh	£18.00
JOOJEH LARI A skewer of chargrilled chicken boneless marinated in yoghurt and coarse pepper. served with steamed saffron rice and chargrilled tomato	£14.00
CHENJEH LARI Grilled diced lamb fillet Marinated in Yoghurt and coarse pepper	£16.00
SEABASS FILLET Marinated in garlic, olive oil, lime and saffron served with choice of rice or Nan or chips or salad	£18.00
JOOJEH ON THE BONE Chicken on the bone, Marinated in Saffron, Lemon and onions	£14.00
80Z RUMP STEAK Sautéed Mushroom, Roasted Tomato, Onion Rings, Fries & Garnishes	£13.00
90Z RIBEYE Sautéed Mushroom, Roasted Tomato, Onion Rings, Fries & Garnishes	£15.00

MAIN COURSE STEW

GHORMEH SABZI Aromatic Green Herbs, Lamb, Red Kidney Beans & Dried Limes. Served with Saffron Rice	£12.50
LAMB SHANK Braised Lamb Shank Served with Fragrant Green Rice Made with Broad Beans & Dill	£16.00
ZERESHK POLO WITH CHICKEN Braised Chicken Leg in a Flavoursome Tomato Sauce Served with Saffron Rice & Barberries	£12.50
GHEIMEH Yellow Lentils. Tender Lamb Pieces & Dried lime in a Rich Tomato Sauce with Mild Spices Served with Saffron Rice	£12.50
FESENJAN Traditional Persian stew of pomegranate sauce, walnuts and chicken served with saffron rice	£15.00
DIZI Lamb, Chickpeas, Onions and Potatoes	£13.00

VEGETARIAN AND VEGAN






DISHES

GHORMEH SABZI  Aromatic Green Herbs, Red Kidney Beans & Dried Limes. Served with Saffron Rice	£11.00
GHEIMEH BADEMJAN  Aubergine & Lentils Cooked in a Rich Tomato Sauce with Mild Sauce. Served with Saffron Rice	£11.00
LOOBIA POLO  A Fragrant Rice Dish made with Chopped Green Beans, Caramelised Onions & Mild Spices. Served with Salad or Yogurt Dip	£8.00
BAGHALI POLO  A Fragrant Rice Dish made with Chopped Broad Beans, Safron & Dill. Served with Salad or Yogurt Dip	£8.00
OKRA STEW  Okra in tomato sauce served with Saffron rice	£11.00
CELERY STEW  Celery, Aromatic green herbs, Dried limes, Served with saffron Rice	£11.00
SAFFRON RICE 	£3.50

SALADS

SE7EN SALAD 	£5.00
SALAD SHIRAZI 	£5.00
ZEYTON PARVARDEH 	£5.00
Marinated Green olives in Pomegranate Paste, Walnuts, Garlic & Herbs	

DIPS

MOST-O-KHIAR 	£4.50
A Traditional Persian Dip with Strained Yogurt, Cucumber & Mint	
MAST-O-MOOSIR 	£4.50
A Traditional Persian Dip with Strained Yogurt & Garlic Shallot	
BORANI BADEMJAN 	£3.50
A Traditional Persian Dip with Strained Yogurt & Grilled Aubergine	
GRILLED TOMATO 	£3.50
GRILLED CHILLI 	£3.50

SHARING CARING

SELECTION OF 3 DIFFERENT STARTERS	£15.00
--	--------

DESSERT

ZAFFRON ICE CREAM	£5.00
BAKLAVA	£5.00
NAPOLEONI	£5.00

KIDS MEAL

CHICKEN NUGGETS WITH FRIES	£5.50
FISH FINGERS WITH FRIES	£5.50

FOOD ALLERGY NOTICE:
If you have a food allergy or specific Dietary requirement please inform a MEMBER OF THE HOSPITALITY TEAM.
SOME DISHES CONTAIN NUTS.